

Isle of Wight Karate and Self Defence Club

Diary of Events

2012

Date	Event	Venue	Details
5th January	First Session	The Fitness Factory	
29th January	Special training session	The Fitness Factory	
5th February	SEKU – Black and Brown Belt Course	Medina Recreation Centre,	
12 th February	Special training session Simon Budden	The Fitness Factory	
11th March	Special Course and Pre-grading training	Medina Recreation Centre,	
25th March	Course and Club Grading	Medina Recreation Centre,	
5/6th May	Special Weekend Course Dave Hazard 7th Dan - Limited Places	Medina Recreation Centre,	
17th June	Special Course and Pre-grading training	Medina Recreation Centre,	
1st July	Course and Club Grading	Medina Recreation Centre,	
15th July	Special Seminar Terry Barnett	The Fitness Factory	
2nd and 23rd September	Special Course and Pre-grading training	The Fitness Factory	
30th September	Course and Club Grading	Medina Recreation Centre,	
4th November	Special Shotokan and Goju Ryu Master class- George Andrews and Mick Dewey	Medina Recreation Centre,	
2nd December	Special Course and Pre-grading training	Medina Recreation Centre, Newport	
16th December	Course and Club Grading	Medina Recreation Centre,	
18th December	Last Session – 6-8pm Only	The Fitness Factory	
2013			
3rd January	First Session 2013	The Fitness Factory	

Other events will be added throughout the year – Please check back regularly